



Oaklands

NURSING HOME

Welcome

to Oaklands

Thank you for your enquiry regarding Oaklands.

We understand that choosing a home is one of the most important decisions you can make. You want to be sure the home offers everything you need and is a place that you or your loved one will be happy to live in.

Our aim is to offer the highest standards of care delivered by skilled staff who are friendly and welcoming. Our dedicated staff group provide tailor made care to meet our individual resident's needs and wishes whilst encouraging them to maintain their independence, lifestyle choices and links with the community.

Oaklands is a lovingly restored mock Tudor building set in beautifully manicured gardens, located in the conservation area of Tongdean within the city of Brighton & Hove.

This brochure contains some of the information you might want to ask but if you would like any further information or to arrange a visit please do not hesitate to call me.

I look forward to meeting you.

Beti Koder
Care Manager



Your Home








Oaklands Nursing Home is a delightful Tudor style nursing home, in the pretty and attractive city of Hove. Its peaceful location, in a suburban neighbourhood, just ten minutes' drive from the coast offers an ideal location for a restful retirement.

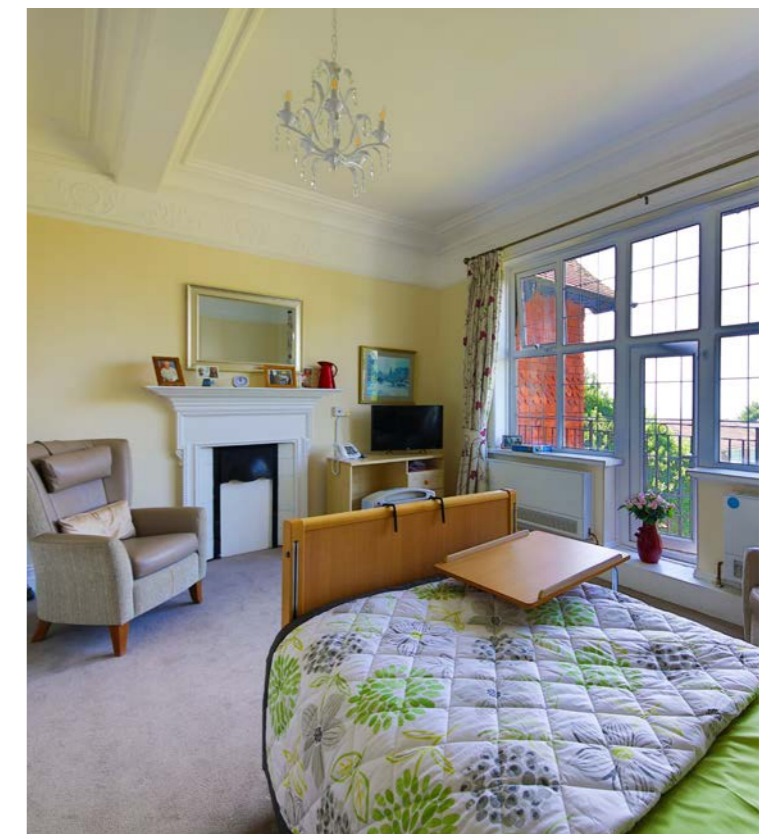


Bedrooms

Residents are welcome to choose their bedrooms from those available and are invited to add their own personal effects. A number of rooms can accommodate couples wishing to share a room.

All of our bedrooms boast the following features:

-  Cleaned daily
-  Bright, spacious and attractively furnished
-  Telephone
-  Fitted locks and lockable drawer
-  Outside Views
-  Digital flat screen television
-  High-tech nurse call system



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Whenever I visit my mum, the staff seem very caring and respectful. Mum's food is blended and her care is first-rate. All the staff are happy and answer any concerns I may have. Just keep on what you're doing.

Daughter of Resident | August 2024

Lounges & Dining Room

Our well-appointed dining areas are spacious and smartly arranged in an informal homely style.

Residents can relax in any of our homely, restful and stylish lounges. The display of lovely pictures, ornaments and flower arrangements add to the inviting and homely feel. The french doors and large bay windows offer our residents a magnificent, panoramic view of the charming landscaped garden.

Those who enjoy peaceful relaxation can take advantage of the quiet sitting room and our small library of books.

Residents can choose to dine with family or friends, or alone if they prefer. Here, too, one can enjoy the view of the beautiful grounds outside.



Dining & Cuisine

We provide hearty and wholesome home cooked meals. We pride ourselves on our fresh food menus and almost everything is made from scratch in the building.

Our cook's marvellous culinary skills translate into an extensive, nutritious menu providing variety and choices, according to residents' preferences. We can cater for all diet types; from vegetarian and vegan through to soft, puréed or liquid diets, we are happy to prepare all choices accordingly.

Assistance is always on hand at mealtimes for those who require it.

Friends and Relatives are welcome to join us for meals at any time, just let us know a day in advance and we will be more than happy to help.



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I spent quite a bit of time at Oaklands during the last days of my friend's life and got to know the team there. They were brilliant. Every person I met: the manager, the carers, the nurses and all the support staff were friendly, engaged, caring and just perfect. Good care is not about the fixtures and fittings, it is about the people inside and I would highly recommend Oaklands to anyone considering a home-from-home for their loved one.

Friend of Resident | August 2024

Communal Areas

All the communal areas are bright and spacious, spotlessly clean and attractively decorated. A maintenance person is employed to keep the home in perfect order. The home is suitably designed for easy access.

All doors are extra wide, 2 lifts provide access. At the rear of the home is a beautiful landscaped garden. A vast lawn, numerous trees, shrubs, and gorgeous flowers are regularly tended by our skilled gardener.



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My Mother's room is spacious and comfortable. There has been a lot of building works going on but these are almost complete and the new balcony and garden will be a lovely asset in the Summer.

The staff are friendly and go out of their way to ensure the residents are comfortable and happy. The Manager and Deputy Manager are always very responsible to any queries or concerns I have and keep me fully informed.

Visitors are welcomed at any time and there is a warm, informal atmosphere. I work as a Health Professional myself and am very aware of how difficult working in this sector is, but Oaklands have made a marked improvement in my mum's general health and well-being.

I found the idea of placing my mum in a Nursing Home very difficult, and I looked around at a number of homes but feel I made the right choice with Oaklands, and am relaxed that my mum is well cared for.

Daughter of Resident | March 2025

Landscaped Gardens

In all seasons, the grounds are kept neat and pretty and provide scenic and peaceful surroundings. You can access the garden through the patio doors in the main lounge or level access is available from the lower ground conservatory.

The generous seating and patio area are particularly well-used and appreciated in warm weather by residents and visitors.



Your Care



Health

The prime objective of our home is to promote and foster health and wellbeing. On admission of each resident, an assessment of need is performed by a senior member of the care team, from which a Care Plan is created.

We register all of our residents with Warmdene Surgery. Even residents who are with us for respite are registered there temporarily. Oaklands is under Preston Park Community Center PCN (Primary Care Networks). They support our GP service by weekly visits of Advance Nurse Practitioners (ANP). They are our primary contact if we require GP input.

In case of illness, relatives are informed immediately and are updated regularly on the patient's recovery.

Philosophy of Care

At Oaklands we aim to ensure that each resident:

- Has their dignity preserved and their privacy protected
- Is provided with an exceptionally high level of care and treated with the utmost respect

Our goals is to:

- Support individuality and promote the independence of all residents
- Allow our residents to exercise choice in all aspects of their care

Meet Our Team

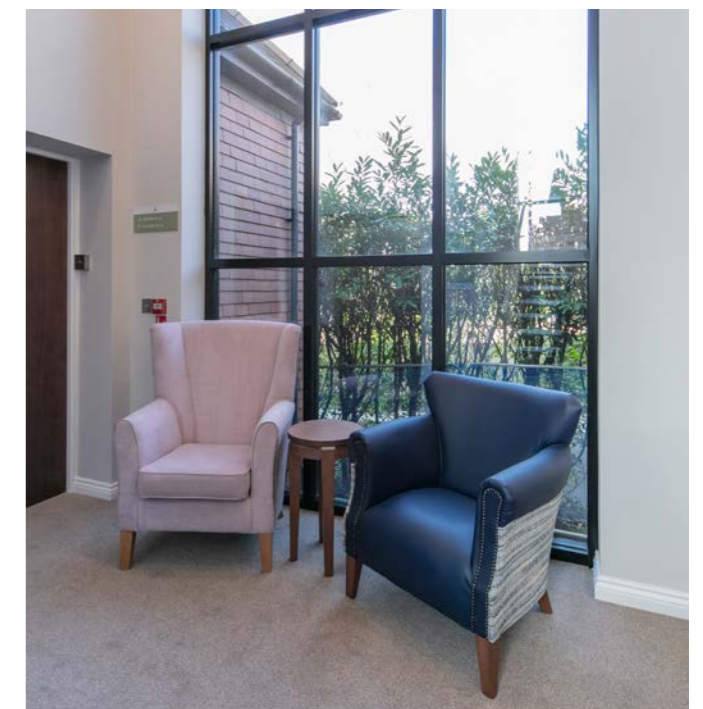


Oaklands is run by Care Manager, Beti Koder. Beti is a qualified nurse and has over 20 years experience in the social care sector. She has worked in various care homes working up the ranks to being a registered manager.

Our outstanding care team are dedicated and highly qualified; all carers have completed or working towards NVQ levels 2 or 3.

We insist on a high standard of care, so our employees are carefully selected for their qualities of reliability, integrity, skill, friendliness and professionalism.

Full induction training is provided and continuing professional development is undertaken by each member of staff. Attentive and compassionate carers are available 24 hours a day. The high staff resident ratio enables us to provide companionship and stimulation, as well as tending to the residents' physical needs. We have a low turnover of staff so this provides continuity for residents and their family.



From what I have seen the staff are amazing, the home is always clean and today, as are the residents, I know that the staff play games and keep residents amused. Thank you for the care you give my mum.

Daughter of Resident | August 2024

Recreational Activities

We offer residents a varied and stimulating programme of entertaining activities. Our activities coordinators produce a programme that includes armchair exercises, dominoes, sewing and knitting, beetle drive, arts and crafts, table activities, memory games, quizzes, singing and dancing, baking, bingo, quoits, carpet bowls, flower arranging, magazines, board games and biscuit decorating.

Singers and performers are frequently invited to be our entertainment.



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My mum has been a resident at Oaklands Nursing Home for a few months now and I can't imagine her receiving better care anywhere else. My mum lived with me for nearly 3 years and the thought of handing over her care to someone else was a big concern for me. After visiting the home to take a look around and speak to the manager I was in no doubt that my mum would be cared for in a way that would give me peace of mind.

When Oaklands agreed they would be able to offer a home to my mum it was a huge relief, I knew she would be in the best possible place, receiving the best possible care. This has proved to be the case and I am very grateful to all the wonderful staff who look after my mum and make me feel so welcome when I visit.

Thank you.

Daughter of Resident | November 2024

Events & Trips







Special events are special indeed when celebrated together. Birthdays, Christmas, Easter, Halloween and Bonfire night are all marked with joyful festivities, whilst garden parties, barbeques and theme days are planned regularly to enhance the cheerful atmosphere. The local church community visits the home regularly, communion is held monthly and residents can be taken to other religious services if they wish. Trips are organised outside the home to restaurants, shopping trips and communal events. For those able to use it, public transport is easily accessible.



Our Service

Oaklands is not just a home, but a family too. Everyone is made to feel welcome and cared for, and we value each resident's individuality.

There are few rules and timetables because we want our residents to be calm and relaxed. The rules that are in place are there for the benefit of all the residents, their safety and security.

-  There is a modern, automatic fire safety system
-  Visitors are welcome at all times
-  Smoking is not allowed inside, but there is a designated outdoor area for smoking
-  The laundry facility is well equipped and well organised
-  Well-behaved pets are allowed in the rooms
-  Every room has a locked cabinet and residents can insure their possessions if they wish.

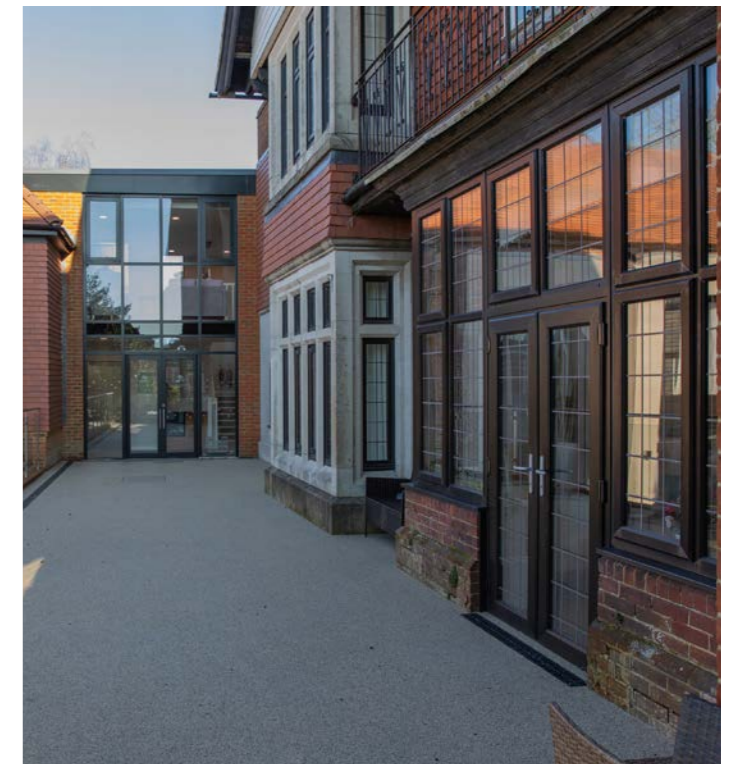


Quality Assurance

Oaklands produces a Statement of Purpose, which is regularly reviewed and can be read by anyone who's interested.

The Care Quality Commission inspects the home regularly to ensure it complies with Care Standards. In its Inspection Report, CQC have confirmed that Oaklands is fully compliant in all areas.

To view our CQC Report, visit www.cqc.org.uk. Residents' and relatives' reviews can be found on www.carehome.co.uk/carehome.cfm/searchazref/20001066VICD.



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This is the second time we have used this wonderful nursing home. The first was for my Father who was cared for here for two years until his death. The love, care and attention to detail were astounding. 5 years on we have had to find respite for my mother-in-Law. She has been in Oaklands now for 2 months and is absolutely loving her stay. Her independence is completely respected but yet invaluable care has been provided.

A testimony to this wonderful place is the fact that from when I last used this facility for my dad practically every member of staff remains. This shows that the staff are well treated and looked after and enjoy their work. This is so very important in this line of work.

The home has a high level of cleanliness and the food is cooked freshly every day by their wonderful chef. I honestly can't recommend this home enough.

Daughter of Resident | July 2024





Looking forward to meeting you

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